

Club	Race 1	Race 2	Race 3	Race 4	Race 5	Race 6	Best 4
Saint Edmund Pacers	4865	4891	4845	4878	3872	4802	19479
Ipswich Jaffa RC	4872	4761	4765	4744	4769	4809	19215
Felixstowe RRC	4805	4749	4731	3750	3786	4694	18979
Stowmarket Striders RC	4694	4668	4669	4637	4781	4660	18812
Framlingham Flyers	4507	4837	3286	4678	3904	4754	18776
Saxmundham Sports Running & Fitness Club	3887	4654	2219	3924	3613	1824	16078
Kesgrave Kruisers	4619	3086	4640	3079	3240	3555	16054
Newmarket Joggers	2564	2119	2894	4326	3078	4376	14674
Hadleigh Hares AC	3938	2814	3711	3283	1924	3705	14637
Ipswich Phoenix Running Club	3401	3944	3555	3432	2772	3026	14332
Haverhill Running Club	2484	2465	3745	3078	1786	2792	12099
Capel Cheetahs	3601	2084	3484	1333	908	2547	11716
Colchester & Tendring AC	3212	1563	3244	2504	2291	2555	11515
Great Bentley Running Club	1705	1076	2096	2126	1287	4367	10294
Harwich Runners	1531	2832	1933	2317		2940	10022
Colchester Harriers AC	2058	1741	2744	1804	1462	2440	9046
Woodbridge Shufflers RC	2928	4444	789	829		323	8990
Ipswich Harriers	1344	1800	898		498	1448	5490
Rushmere Community Runners	1880	1544	1144	732	459	433	5300
Sudbury Joggers	1096	1059	1270	1266	489	1265	4897
Lonely Goat RC	1242	1105	852	1180	458	1240	4767
Vegan Runners UK	410	784	1310	1298	892	387	4284
Cambridge & Coleridge AC			976	2952			3928
Boxted Runners	499		833	327		2224	3883
Bungay Black Dog RC	412	2114	429	782	469		3794
Thetford AC	1122			2141	439		3702
Tiptree Road Runners	976			952		1666	3594
Braintree & District AC	396		1311	881		485	3073
Witham RC						2672	2672
Norfolk Gazelles AC		325		1283	926		2534
Victoria Park Harriers and Tower Hamlets AC	486	444	487	474		480	1927
Diss and District AC		1311			476		1787
Trail Running Association	454	817	454				1725
Jogging Made Easy						1717	1717
Fetch Everyone		304		663	400	333	1700
Eastern Masters AC	754	450				452	1656
Ipswich Triathlon Club	794	346			477		1617
Saffron Striders RC	351	339	368	378	421		1518
Brandon Fern Hoppers			375	697			1072
Huntingdonshire AC		355		344		335	1034
Ware Joggers	305	292				317	914
Great Yarmouth Road Runners		843					843
Waveney Valley AC		839					839
Bedford Harriers AC		818					818
Running Colchester	396					413	809
Rotherham Harriers and AC				334	404		738
RAF Athletics				495			495
Royal Navy Athletics Club	490						490
TRISudbury			476				476

March AC		471		471
Maidstone Harriers	470			470
Shaftesbury Barnet Harriers		430		430
Girls That Jeff		420		420
Benfleet RC			409	409
Halstead RRC			356	356
Woodstock Harriers AC		332		332
Helpston Harriers AC	306			306