

Friday 5 Junior Championship File 2026

Cumulative Points by Age Group

Name	Cat	Club	R1	R2	R3	R4	R5	R6	Total	Best 3
Alfred SEAMAN	MU9	Ipswich Jaffa RC	500	500	500	500			2000	1500
Alistair ANDREWS	MU9		497	499	499	499		500	2494	1498
Noah DUNCAN	MU9	Saint Edmund Pacers		498		498	500	499	1995	1497
Rex GLADWELL	MU9	Framlingham Flyers		497		496	499	498	1990	1494
Elijah BHALLA	MU9				498	495	497		1490	1490
Wilson KARTACAYEN-BORG	MU9	Framlingham Flyers	486	489	494	487	496	494	2946	1484
Finnick HURRELL	MU9	Saint Edmund Pacers	490		497	493			1480	1480
Alex LONG	MU9	Hadleigh Hares AC	492			490		496	1478	1478
Raphael FALIVENO	MU9	Stowmarket Striders RC		488		488	495		1471	1471
Oscar ASHWOOD	MU9	Haverhill Running Club	487	483	495	483		487	2435	1469
Billy JOUSIFFE	MU9		480	485	493			489	1947	1467
Travis FAIERS	MU9	TRISudbury	478	479		481		484	1922	1444
Oran MCNEILL	MU9			473		477		481	1431	1431
James GLADSTONE	MU9				496	492			988	988
Henry GOODE	MU9			493		491			984	984
Rory GOODE	MU9			492		489			981	981
Woody GLADWELL	MU9					485		495	980	980
Max SEWARD	MU9	Saint Edmund Pacers			492	484			976	976
William BEATON	MU9	Saint Edmund Pacers				482	494		976	976
Ezra DUNCAN	MU9			481				486	967	967
Berti ROPER	MU9		472					482	954	954
Raife JARVIS	MU9			471		478			949	949
Rory NAUGHTON	MU9		470	475					945	945
Archie ROWLANDSON	MU9		499						499	499
Eddison RICHES	MU9		498						498	498
Sebastian JOHNSON	MU9	Saint Edmund Pacers					498		498	498
Harrison DEAN	MU9					497			497	497
Finley TOWELL	MU9							497	497	497
Finn WOOD	MU9	Felixstowe RRC	496						496	496
Niall HUMPHREY	MU9	Framlingham Flyers		496					496	496
Eddie WYARD	MU9		495						495	495
Franklin MATTHEWS	MU9			495					495	495
Daniel DRIVER	MU9		494						494	494
Kit SWIFT	MU9			494					494	494
Josh BOORMAN	MU9					494			494	494
Joshua ANDERSON	MU9		493						493	493
Ted SYMONDS	MU9						493		493	493
Eric HEARD	MU9							493	493	493
Buzz PETERS	MU9						492		492	492
Harley MORGAN	MU9							492	492	492
Reggie BULLARD	MU9		491						491	491
Bobby TAYLOR	MU9			491					491	491
Heath COVENTRY SMY	MU9				491				491	491
Ralph B	MU9							491	491	491
Vinnie ROUS	MU9			490					490	490
Jess CARDY	MU9							490	490	490
Max OLLE-WARD	MU9		489						489	489
Freddie BROWNLEE	MU9		488						488	488
Felix BENNETT	MU9	Great Bentley Running Club						488	488	488
Lorenzo DI FRANCO	MU9	Framlingham Flyers		487					487	487
Oliver KING	MU9	Framlingham Flyers		486					486	486
Ellis BEAUMONT	MU9					486			486	486
William WOODARD	MU9		485						485	485
Harry HAMILTON	MU9							485	485	485
Ernie COCKBURN	MU9		484						484	484
Lewis HAMMOND	MU9	Framlingham Flyers		484					484	484

Friday 5 Junior Championship File 2026

Cumulative Points by Age Group

Name	Cat	Club	R1	R2	R3	R4	R5	R6	Total	Best 3
Alfie CULLUM	MU9		483						483	483
Rupert PERRY	MU9							483	483	483
Raife RICHES	MU9		482						482	482
Alex CURTIS	MU9			482					482	482
Zack FARTHING	MU9		481						481	481
Henry MARSLAND	MU9			480					480	480
Luca FALCONE	MU9					480			480	480
Ives ELLUL	MU9		479						479	479
Bear GLADWELL	MU9	Framlingham Flyers				479			479	479
Harry FLATT	MU9			478					478	478
Tai CREASEY	MU9	Kesgrave Kruisers	477						477	477
Teddy HART	MU9			477					477	477
Ollie CULLUM	MU9		476						476	476
Hector HUGGINS	MU9			476					476	476
Tom NAUGHTON	MU9					476			476	476
Otis BULLARD	MU9		475						475	475
Rory GLASSWELL	MU9					475			475	475
Louie CULLUM	MU9		474						474	474
Roman PARISH	MU9			474					474	474
Albert ELLUL	MU9		473						473	473
Harley WILSON	MU9			472					472	472
Charlie CREASEY	MU9		471						471	471
Louie EUSTACE	MU9			470					470	470
Charlie SKIPPINS HARRIS	MU9		469						469	469

Friday 5 Junior Championship File 2026

Cumulative Points by Age Group

Name	Cat	Club	R1	R2	R3	R4	R5	R6	Total	Best 3
Kyan MCNEILL	MU11	Colchester & Tendring AC	500	500	500	500	500	500	3000	1500
Oliver BROUGHTON	MU11	Saint Edmund Pacers	499	499	499	498			1995	1497
Alfie GODDARD	MU11	Ipswich Jaffa RC		498		499	499	499	1995	1497
Samuel MORLEY	MU11	Colchester & Tendring AC	498	497	498	497		498	2488	1494
Max MIAH	MU11	Colchester & Tendring AC		494	497	495	498	496	2480	1491
Jacob HURRELL	MU11	Saint Edmund Pacers	495		496	496			1487	1487
Charlie MITCHELL	MU11	Saint Edmund Pacers	496	493	495	493		495	2472	1486
Reuben ROSE	MU11	Stowmarket Striders RC				492	497	494	1483	1483
Freddie FINBRA	MU11	Ipswich Jaffa RC		491	492	494			1477	1477
Joseph HOBSON	MU11	Ipswich Jaffa RC	490	482		489			1461	1461
Charlie NAUGHTON	MU11		489	481		488			1458	1458
Akito HOWE	MU11		497					497	994	994
Archie HATCH	MU11	Woodbridge Shufflers RC	494	492					986	986
Vincent PARKER	MU11	Saint Edmund Pacers			494	491			985	985
Hector DAVIES	MU11	Ipswich Jaffa RC	491	483					974	974
Charlie ROXBY-CLARKE	MU11	Harwich Runners		496					496	496
Sonny SWIFT	MU11	Framlingham Flyers		495					495	495
Isaac M	MU11	Ipswich Jaffa RC	493						493	493
Harrison WRIGHT	MU11	Ipswich Jaffa RC			493				493	493
Jacob MORLEY	MU11	Colchester & Tendring AC						493	493	493
Theo JOHNSON	MU11	Felixstowe RRC	492						492	492
Ethan SLATER	MU11							492	492	492
Leo LOCKYER	MU11				491				491	491
Joseph HUGHES	MU11							491	491	491
Herbie HUGGINS	MU11	Framlingham Flyers		490					490	490
Jan LIFFEN	MU11				490				490	490
Mattia MARTIRADONNA	MU11	Saint Edmund Pacers				490			490	490
Henli ROPER	MU11							490	490	490
Arthur MORGAN	MU11	Framlingham Flyers		489					489	489
Noah REDBOND	MU11		488						488	488
Emerson LE SAUVAGE	MU11	Framlingham Flyers		488					488	488
Louis ELLUL	MU11		487						487	487
Freddie EUSTACE	MU11			487					487	487
Harry WRIGHT	MU11	Ipswich Jaffa RC		486					486	486
Edison PEPPER	MU11			485					485	485
Gregory KHAN	MU11	Framlingham Flyers		484					484	484
Alexander ROUS	MU11			480					480	480

Friday 5 Junior Championship File 2026

Cumulative Points by Age Group

Name	Cat	Club	R1	R2	R3	R4	R5	R6	Total	Best 3
Rowan STRINGER	MU13	Colchester & Tendring AC	500	500	500	500		500	2500	1500
Elliott EWEN	MU13	Colchester & Tendring AC	499	499	499	499		498	2494	1497
Finlay WEIR	MU13	Colchester Harriers AC			498	498	499		1495	1495
Joseph HOWARD	MU13	Colchester & Tendring AC			495	496	500	497	1988	1493
Ethan ASHWOOD	MU13	Saint Edmund Pacers	497	494	496	497		494	2478	1490
Sidney ASTLE	MU13	Saint Edmund Pacers		495	497		498	495	1985	1490
Alex TUPPER	MU13	Stowmarket Striders RC	496	493	494			496	1979	1486
Seth MARTIN	MU13	Kesgrave Kruisers	495	492	493	495		492	2467	1483
Freddie ORR	MU13	Ipswich Jaffa RC	490	484	489	491	497	490	2941	1478
Frederic SIBBRING	MU13	Ipswich Jaffa RC	494	485	490	492		491	2452	1477
Lyndon CILLIERS	MU13	Ipswich Harriers	492		491	493			1476	1476
Leo SMY	MU13	Ipswich Jaffa RC	489	483	488	490		489	2439	1468
Harry LING	MU13	Framlingham Flyers		488	492	488			1468	1468
Ollie KELLY	MU13	Ipswich Jaffa RC	487	480		487		488	1942	1462
Kingsley DAVIES	MU13	Ipswich Jaffa RC	498	498					996	996
Byron MOONEY	MU13	Colchester & Tendring AC				494		493	987	987
Archie ROBINSON	MU13	Framlingham Flyers		489		489			978	978
Jeremiah ARIYO	MU13	Great Bentley Running Club						499	499	499
Fynley MOTT	MU13	Framlingham Flyers		497					497	497
Alfie WUURMAN	MU13	Framlingham Flyers		496					496	496
Archie REDBOND	MU13		493						493	493
Benjamin SQUIRRELL	MU13	Ipswich Jaffa RC	491						491	491
Miles SHELDRAKE	MU13	Framlingham Flyers		491					491	491
Charlie FIRTH	MU13	Ipswich Harriers		490					490	490
Maxwell RALPH	MU13		488						488	488
Eli HUMPHREY	MU13	Framlingham Flyers		487					487	487
Elio DI FRANCO	MU13	Framlingham Flyers		486					486	486
Kayden HART	MU13			482					482	482
Angelo DI FRANCO	MU13	Framlingham Flyers		481					481	481
Maxwell JEFFREY	MU13	Framlingham Flyers		479					479	479

Friday 5 Junior Championship File 2026

Cumulative Points by Age Group

Name	Cat	Club	R1	R2	R3	R4	R5	R6	Total	Best 3
Noah GRIFFITHS	MU15	Ipswich Jaffa RC	500	500	500	500	500	500	3000	1500
Seth BOWMAN	MU15	Ipswich Jaffa RC		499	499	499	499	499	2495	1497
Eli BOWMAN	MU15	Ipswich Jaffa RC		498	498	496	498	498	2488	1494
Bobbie SEAGER	MU15	Saint Edmund Pacers	498	497	497	498	495	497	2982	1493
Jack SEAGER	MU15	Saint Edmund Pacers	499	496	496	497	497	496	2981	1493
Edward KINGSTON	MU15	Framlingham Flyers	496	495	494	495	496		2476	1487
Samuel GREEN	MU15	Colchester & Tendring AC	495	494	493	494	494	495	2965	1484
Rowan WEIR	MU15	Colchester Harriers AC			495	493	493		1481	1481
Alfie FINBRA	MU15	Ipswich Jaffa RC	494	489	492	492			1967	1478
Felix CLOVER	MU15	Hadleigh Hares AC		488	491			494	1473	1473
Connor MARTIN	MU15	Kesgrave Kruisers	493	487					980	980
Alfie KELLY	MU15	Ipswich Jaffa RC	497						497	497
Noah FARTHING	MU15	Ipswich Harriers		493					493	493
Liam DURRANT	MU15	Beccles & Bungay Harriers		492					492	492
Nathan HAWES	MU15	Woodbridge Shufflers RC		491					491	491
Daniel WRIGHT	MU15	Ipswich Jaffa RC		490					490	490

Friday 5 Junior Championship File 2026

Cumulative Points by Age Group

Name	Cat	Club	R1	R2	R3	R4	R5	R6	Total	Best 3
Darcy LING	FU9	Framlingham Flyers	500	499	500	499	499	499	2996	1499
Amelia CONNICK	FU9	Framlingham Flyers	499	497	499	497	497	498	2987	1496
Mia LIGIEZA	FU9	Saint Edmund Pacers			498	500	498		1496	1496
Ava SMY	FU9	Ipswich Jaffa RC		496	496			495	1487	1487
Clara ASTLE	FU9			494	495		496	494	1979	1485
Maisie JOUSIFFE	FU9		497	493	493			491	1974	1483
Erin BHALLA	FU9				491	491	495		1477	1477
Molly MIAH	FU9					492	493	490	1475	1475
Martha ORR	FU9			483		485	492	485	1945	1462
Esther CORDEN	FU9			500			500		1000	1000
Trixie ROPER	FU9		498					492	990	990
Mollie SEWARD	FU9	Saint Edmund Pacers			497	490			987	987
Elsie MARTIN	FU9	Kesgrave Kruisers	492					489	981	981
Imogen ELLIS	FU9	Felixstowe RRC	487	489					976	976
Esmee GIRLING	FU9		488	488					976	976
Emily BRAND	FU9	Woodbridge Shufflers RC		487		488			975	975
Sophie BRAND	FU9			484		487			971	971
Pia HUGHES	FU9							500	500	500
Alice TAYLOR	FU9	Framlingham Flyers		498					498	498
Evelyn QUINTON	FU9	Ipswich Jaffa RC				498			498	498
Imogen PERRY	FU9	Colchester Harriers AC						497	497	497
Imogen DRIVER	FU9		496						496	496
Emma PEREIRA-BAPE	FU9	Saint Edmund Pacers				496			496	496
Sienna GOODIER	FU9							496	496	496
Ruby HINDS	FU9		495						495	495
Mekayla BLACK	FU9			495					495	495
Paige SMITHEN	FU9	Hadleigh Hares AC				495			495	495
Evee SKIPPINS HARRIS	FU9		494						494	494
Penelope PANNELL	FU9	Saint Edmund Pacers			494				494	494
Charlotte DEAN	FU9					494			494	494
Rosehip PETERS	FU9						494		494	494
Poppy EVANS	FU9		493						493	493
Olivia PEREIRA-BAPE	FU9	Saint Edmund Pacers				493			493	493
Emmeline TOWELL	FU9							493	493	493
Elodie JENKINS	FU9			492					492	492
Evie NUNN	FU9				492				492	492
Lily FOX	FU9		491						491	491
Gabriella HARVEY	FU9	Framlingham Flyers		491					491	491
Brie CREASEY	FU9	Kesgrave Kruisers	490						490	490
Clemmie THURSTON-WRIGHT	FU9			490					490	490
Ella EVANS	FU9		489						489	489
Elsie BAMPTON	FU9					489			489	489
Ivy SLOCOMBE	FU9	Great Bentley Running Club						488	488	488
Lydia GOODERHAM	FU9							487	487	487
Ruby EWING	FU9			486					486	486
Zadie GLASSWELL	FU9					486			486	486
Elsie CHRISTIAN	FU9							486	486	486
Bella SEAGER	FU9			485					485	485
Iris GLASSWELL	FU9					484			484	484
Clio JOHNSON	FU9	Haverhill Running Club				483			483	483

Friday 5 Junior Championship File 2026

Cumulative Points by Age Group

Name	Cat	Club	R1	R2	R3	R4	R5	R6	Total	Best 3
Alana COLLYER	FU11	Ipswich Harriers	497	500	500	498	500		2495	1500
Ronni TOWNSEND	FU11	Colchester & Tendring AC	500				499	500	1499	1499
Alba BORRETT	FU11	Ipswich Jaffa RC	499	498	498	500		499	2494	1498
Violet LILLISTONE-HIGHLANDS	FU11	Saint Edmund Pacers	498	499	499	499	498	498	2991	1497
Kirsten TOWNSEND	FU11	Colchester & Tendring AC	495				497	496	1488	1488
Imogen ORR	FU11	Ipswich Jaffa RC	493	493	496	497	495	495	2969	1488
Meghan KNIGHT	FU11	Colchester & Tendring AC	494			496		497	1487	1487
Niamh DUNCAN	FU11	Saint Edmund Pacers		496		495	496	493	1980	1487
Nina BROUGHTON	FU11	Saint Edmund Pacers	491	492	495	492		494	2464	1481
Lydia ASTLE	FU11	Saint Edmund Pacers		491	494		494	491	1970	1479
Eva SMITHEN	FU11		489		493	493			1475	1475
Lucia FALIVENO	FU11	Stowmarket Striders RC		488		494	493		1475	1475
Emma DONALDSON	FU11	Stowmarket Striders RC	486		491		492		1469	1469
Rosalie VAN ASWEGEN	FU11	Hadleigh Hares AC	485	486		491			1462	1462
Rose TUPPER	FU11	Stowmarket Striders RC	480	483	489			489	1941	1461
Lydia FARMER	FU11	Hadleigh Hares AC	496		497				993	993
Abi KINGSTON	FU11	Framlingham Flyers	492	494					986	986
Marta SLINGER-AKERS	FU11	Hadleigh Hares AC	487		492				979	979
Eliza MATTHEWS	FU11	Ipswich Jaffa RC	490	489					979	979
Polly PRICE	FU11			487	490				977	977
Olivia BIVEN	FU11	Ipswich Jaffa RC		497					497	497
Harriet THURSTON-WRIGHT	FU11	Framlingham Flyers		495					495	495
Rosalie B	FU11	Colchester Harriers AC						492	492	492
Olivia GOODE	FU11	Saint Edmund Pacers		490					490	490
Edie CARDY	FU11							490	490	490
Daisy BROWNLEE	FU11		488						488	488
Tilly CARPENTER	FU11			485					485	485
Grace WATSON	FU11	Hadleigh Hares AC	484						484	484
Viviana BUSSANDRI MORAIS	FU11			484					484	484
Abigail GREEN	FU11	Ipswich Jaffa RC	483						483	483
Mabel MARTIN	FU11	Kesgrave Kruisers	482						482	482
Ellena FISK	FU11		481						481	481
Chloe MEADOWS	FU11		479						479	479

Friday 5 Junior Championship File 2026

Cumulative Points by Age Group

Name	Cat	Club	R1	R2	R3	R4	R5	R6	Total	Best 3
Alice CLEMENTS	FU13	Enfield and Haringey A C			500	500	500		1500	1500
Abbie DOCKERILL	FU13	Saint Edmund Pacers	500	499	499	499		500	2497	1499
Iris FAIERS	FU13	Colchester & Tendring AC	499	498	498	498			1993	1495
Lexi FORDHAM	FU13	Stowmarket Striders RC	494	496	496	495	498	499	2978	1493
Isla SOUTHWOOD	FU13	Saint Edmund Pacers		494	494	491	499	497	2475	1490
Bella BRYANT	FU13	Saint Edmund Pacers	495	497	497				1489	1489
Constance SIBBRING	FU13	Ipswich Jaffa RC	497	493	495	490		496	2471	1488
Leila-Mae MITCHELL	FU13	Saint Edmund Pacers	493	492	492	489		495	2461	1480
Poppy JUMP	FU13	Kesgrave Kruisers	489	483	489	487		494	2442	1472
Lily FAIERS	FU13	TRISudbury	490	486	490	488			1954	1468
Elsie PRICE	FU13	Hadleigh Hares AC	492	484	491				1467	1467
Megan WADE	FU13	Ipswich Jaffa RC	496					498	994	994
Alice GLADSTONE	FU13	Saint Edmund Pacers			493	492			985	985
Georgina ROBINSON	FU13	Framlingham Flyers		490		493			983	983
Matilda BORRETT	FU13	Ipswich Jaffa RC		500					500	500
Olive WATERS	FU13	Woodbridge Shufflers RC	498						498	498
Emilia FAGG	FU13	Saint Edmund Pacers				497			497	497
Florence GRIFFIN	FU13	Saint Edmund Pacers				496			496	496
Adriana BUSSANDRI MORAIS	FU13	Framlingham Flyers		495					495	495
Emily BOORMAN	FU13					494			494	494
Emily GREEN	FU13		491						491	491
Phia FARTHING	FU13	Ipswich Harriers		491					491	491
Lauren FLATT	FU13	Bungay Black Dog RC		489					489	489
Sophia BARTON	FU13			488					488	488
Joss PEPPER	FU13			487					487	487
Betsy BREAKELL	FU13			485					485	485
Lily NAUGHTON	FU13			482					482	482

Friday 5 Junior Championship File 2026

Cumulative Points by Age Group

Name	Cat	Club	R1	R2	R3	R4	R5	R6	Total	Best 3
Isla ROBERTS	FU15	Ipswich Harriers	500	500	500	500			2000	1500
Flora HOUCHELL	FU15	Woodbridge Shufflers RC	499	499				500	1498	1498
Bethan SOUTHWOOD	FU15	Saint Edmund Pacers	495	498	497	498	500	498	2986	1496
Ella KADING	FU15	Ipswich Harriers	496	497	498	499		496	2486	1494
Imogen STRINGER	FU15	Colchester & Tendring AC	497	496	496			497	1986	1490
Laila MCNEILL	FU15	Colchester & Tendring AC	493	495	494		499	495	2476	1489
Maisie ABLETT	FU15	Saint Edmund Pacers	492	494	493			493	1972	1480
Freya MARTIN	FU15	Kesgrave Kruisers		493	492			494	1479	1479
Maya WRIGHT	FU15	Ipswich Jaffa RC			495			499	994	994
Lulabelle HUGHES	FU15			492		495			987	987
Lily NAUGHTON	FU15		490			496			986	986
Lily LOCKYER	FU15				499				499	499
Lilly GAVIN	FU15	Ipswich Harriers	498						498	498
Kaitlyn SPENCER	FU15					497			497	497
Seren BLOOR	FU15	Ipswich Jaffa RC	494						494	494
Claire BARSON	FU15		491						491	491
Lulu FARROW	FU15		489						489	489

Number of records: 290