

Friday 5 Junior Championship File 2026

Cumulative Points by Age Group

Name	Cat	Club	R1	R2	R3	R4	R5	R6	Total	Best 3
Alfred SEAMAN	MU9	Ipswich Jaffa RC	500	500	500	500			2000	1500
Alistair ANDREWS	MU9		497	499	499	499			1994	1497
Finnick HURRELL	MU9	Saint Edmund Pacers	490		497	493			1480	1480
Wilson KARTACAYEN-BORG	MU9	Framlingham Flyers	486	489	494	487			1956	1470
Oscar ASHWOOD	MU9	Haverhill Running Club	487	483	495	483			1948	1465
Billy JOUSIFFE	MU9		480	485	493				1458	1458
Travis FAIERS	MU9	TRISudbury	478	479		481			1438	1438
Noah DUNCAN	MU9	Saint Edmund Pacers		498		498			996	996
Rex GLADWELL	MU9	Framlingham Flyers		497		496			993	993
Elijah BHALLA	MU9				498	495			993	993
James GLADSTONE	MU9				496	492			988	988
Henry GOODE	MU9			493		491			984	984
Alex LONG	MU9	Hadleigh Hares AC	492			490			982	982
Rory GOODE	MU9			492		489			981	981
Raphael FALIVENO	MU9	Stowmarket Striders RC		488		488			976	976
Max SEWARD	MU9	Saint Edmund Pacers			492	484			976	976
Oran MCNEILL	MU9			473		477			950	950
Raife JARVIS	MU9			471		478			949	949
Rory NAUGHTON	MU9		470	475					945	945
Archie ROWLANDSON	MU9		499						499	499
Eddison RICHES	MU9		498						498	498
Harrison DEAN	MU9					497			497	497
Finn WOOD	MU9	Felixstowe RRC	496						496	496
Niall HUMPHREY	MU9	Framlingham Flyers		496					496	496
Eddie WYARD	MU9		495						495	495
Franklin MATTHEWS	MU9			495					495	495
Daniel DRIVER	MU9		494						494	494
Kit SWIFT	MU9			494					494	494
Josh BOORMAN	MU9					494			494	494
Joshua ANDERSON	MU9		493						493	493
Reggie BULLARD	MU9		491						491	491
Bobby TAYLOR	MU9			491					491	491
Heath COVENTRY SMY	MU9				491				491	491
Vinnie ROUS	MU9			490					490	490
Max OLLE-WARD	MU9		489						489	489
Freddie BROWNLEE	MU9		488						488	488
Lorenzo DI FRANCO	MU9	Framlingham Flyers		487					487	487
Oliver KING	MU9	Framlingham Flyers		486					486	486
Ellis BEAUMONT	MU9					486			486	486
William WOODARD	MU9		485						485	485
Woody GLADWELL	MU9	Framlingham Flyers				485			485	485
Ernie COCKBURN	MU9		484						484	484
Lewis HAMMOND	MU9	Framlingham Flyers		484					484	484
Alfie CULLUM	MU9		483						483	483
Raife RICHES	MU9		482						482	482
Alex CURTIS	MU9			482					482	482
William BEATON	MU9	Saint Edmund Pacers				482			482	482
Zack FARTHING	MU9		481						481	481
Ezra DUNCAN	MU9			481					481	481
Henry MARSLAND	MU9			480					480	480
Luca FALCONE	MU9					480			480	480
Ives ELLUL	MU9		479						479	479
Bear GLADWELL	MU9	Framlingham Flyers				479			479	479
Harry FLATT	MU9			478					478	478
Tai CREASEY	MU9	Kesgrave Kreuzers	477						477	477
Teddy HART	MU9			477					477	477

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Name	Cat	Club	R1	R2	R3	R4	R5	R6	Total	Best 3
Ollie CULLUM	MU9		476						476	476
Hector HUGGINS	MU9			476					476	476
Tom NAUGHTON	MU9					476			476	476
Otis BULLARD	MU9		475						475	475
Rory GLASSWELL	MU9					475			475	475
Louie CULLUM	MU9		474						474	474
Roman PARISH	MU9			474					474	474
Albert ELLUL	MU9		473						473	473
Berti ROPER	MU9		472						472	472
Harley WILSON	MU9			472					472	472
Charlie CREASEY	MU9		471						471	471
Louie EUSTACE	MU9			470					470	470
Charlie SKIPPINS HARRIS	MU9		469						469	469

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Cumulative Points by Age Group

Name	Cat	Club	R1	R2	R3	R4	R5	R6	Total	Best 3
Kyan MCNEILL	MU11	Colchester & Tendring AC	500	500	500	500			2000	1500
Oliver BROUGHTON	MU11	Saint Edmund Pacers	499	499	499	498			1995	1497
Samuel MORLEY	MU11	Colchester & Tendring AC	498	497	498	497			1990	1493
Jacob HURRELL	MU11	Saint Edmund Pacers	495		496	496			1487	1487
Max MIAH	MU11	Colchester & Tendring AC		494	497	495			1486	1486
Charlie MITCHELL	MU11	Saint Edmund Pacers	496	493	495	493			1977	1484
Freddie FINBRA	MU11	Ipswich Jaffa RC		491	492	494			1477	1477
Joseph HOBSON	MU11	Ipswich Jaffa RC	490	482		489			1461	1461
Charlie NAUGHTON	MU11		489	481		488			1458	1458
Alfie GODDARD	MU11	Ipswich Jaffa RC		498		499			997	997
Archie HATCH	MU11	Woodbridge Shufflers RC	494	492					986	986
Vincent PARKER	MU11	Saint Edmund Pacers			494	491			985	985
Hector DAVIES	MU11	Ipswich Jaffa RC	491	483					974	974
Akito HOWE	MU11		497						497	497
Charlie ROXBY-CLARKE	MU11	Harwich Runners		496					496	496
Sonny SWIFT	MU11	Framlingham Flyers		495					495	495
Isaac M	MU11	Ipswich Jaffa RC	493						493	493
Harrison WRIGHT	MU11	Ipswich Jaffa RC			493				493	493
Theo JOHNSON	MU11	Felixstowe RRC	492						492	492
Reuben ROSE	MU11	Stowmarket Striders RC				492			492	492
Leo LOCKYER	MU11				491				491	491
Herbie HUGGINS	MU11	Framlingham Flyers		490					490	490
Jan LIFFEN	MU11				490				490	490
Mattia MARTIRADONNA	MU11	Saint Edmund Pacers				490			490	490
Arthur MORGAN	MU11	Framlingham Flyers		489					489	489
Noah REDBOND	MU11		488						488	488
Emerson LE SAUVAGE	MU11	Framlingham Flyers		488					488	488
Louis ELLUL	MU11		487						487	487
Freddie EUSTACE	MU11			487					487	487
Harry WRIGHT	MU11	Ipswich Jaffa RC		486					486	486
Edison PEPPER	MU11			485					485	485
Gregory KHAN	MU11	Framlingham Flyers		484					484	484
Alexander ROUS	MU11			480					480	480

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Cumulative Points by Age Group

Name	Cat	Club	R1	R2	R3	R4	R5	R6	Total	Best 3
Rowan STRINGER	MU13	Colchester & Tendring AC	500	500	500	500			2000	1500
Elliott EWEN	MU13	Colchester & Tendring AC	499	499	499	499			1996	1497
Ethan ASHWOOD	MU13	Saint Edmund Pacers	497	494	496	497			1984	1490
Alex TUPPER	MU13	Stowmarket Striders RC	496	493	494				1483	1483
Seth MARTIN	MU13	Kesgrave Cruisers	495	492	493	495			1975	1483
Lyndon CILLIERS	MU13	Ipswich Harriers	492		491	493			1476	1476
Frederic SIBBRING	MU13	Ipswich Jaffa RC	494	485	490	492			1961	1476
Freddie ORR	MU13	Ipswich Jaffa RC	490	484	489	491			1954	1470
Harry LING	MU13	Framlingham Flyers		488	492	488			1468	1468
Leo SMY	MU13	Ipswich Jaffa RC	489	483	488	490			1950	1467
Olly KELLY	MU13	Ipswich Jaffa RC	487	480		487			1454	1454
Kingsley DAVIES	MU13	Ipswich Jaffa RC	498	498					996	996
Finlay WEIR	MU13	Colchester Harriers AC			498	498			996	996
Sidney ASTLE	MU13	Saint Edmund Pacers		495	497				992	992
Joseph HOWARD	MU13	Colchester & Tendring AC			495	496			991	991
Archie ROBINSON	MU13	Framlingham Flyers		489		489			978	978
Fynley MOTT	MU13	Framlingham Flyers		497					497	497
Alfie WUURMAN	MU13	Framlingham Flyers		496					496	496
Byron MOONEY	MU13	Colchester & Tendring AC				494			494	494
Archie REDBOND	MU13		493						493	493
Benjamin SQUIRRELL	MU13	Ipswich Jaffa RC	491						491	491
Miles SHELDRAKE	MU13	Framlingham Flyers		491					491	491
Charlie FIRTH	MU13	Ipswich Harriers		490					490	490
Maxwell RALPH	MU13		488						488	488
Eli HUMPHREY	MU13	Framlingham Flyers		487					487	487
Elio DI FRANCO	MU13	Framlingham Flyers		486					486	486
Kayden HART	MU13			482					482	482
Angelo DI FRANCO	MU13	Framlingham Flyers		481					481	481
Maxwell JEFFREY	MU13	Framlingham Flyers		479					479	479

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Name	Cat	Club	R1	R2	R3	R4	R5	R6	Total	Best 3
Noah GRIFFITHS	MU15	Ipswich Jaffa RC	500	500	500	500			2000	1500
Seth BOWMAN	MU15	Ipswich Jaffa RC		499	499	499			1497	1497
Bobbie SEAGER	MU15	Saint Edmund Pacers	498	497	497	498			1990	1493
Jack SEAGER	MU15	Saint Edmund Pacers	499	496	496	497			1988	1492
Eli BOWMAN	MU15	Ipswich Jaffa RC		498	498	496			1492	1492
Edward KINGSTON	MU15	Framlingham Flyers	496	495	494	495			1980	1486
Samuel GREEN	MU15	Colchester & Tendring AC	495	494	493	494			1976	1483
Alfie FINBRA	MU15	Ipswich Jaffa RC	494	489	492	492			1967	1478
Rowan WEIR	MU15	Colchester Harriers AC			495	493			988	988
Connor MARTIN	MU15	Kesgrave Kruisers	493	487					980	980
Felix CLOVER	MU15	Hadleigh Hares AC		488	491				979	979
Alfie KELLY	MU15	Ipswich Jaffa RC	497						497	497
Noah FARTHING	MU15	Ipswich Harriers		493					493	493
Liam DURRANT	MU15	Beccles & Bungay Harriers		492					492	492
Nathan HAWES	MU15	Woodbridge Shufflers RC		491					491	491
Daniel WRIGHT	MU15	Ipswich Jaffa RC		490					490	490

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Name	Cat	Club	R1	R2	R3	R4	R5	R6	Total	Best 3
Darcy LING	FU9	Framlingham Flyers	500	499	500	499			1998	1499
Amelia CONNICK	FU9	Framlingham Flyers	499	497	499	497			1992	1495
Maisie JOUSIFFE	FU9		497	493	493				1483	1483
Mia LIGIEZA	FU9	Saint Edmund Pacers			498	500			998	998
Ava SMY	FU9	Ipswich Jaffa RC		496	496				992	992
Clara ASTLE	FU9			494	495				989	989
Mollie SEWARD	FU9	Saint Edmund Pacers			497	490			987	987
Erin BHALLA	FU9				491	491			982	982
Imogen ELLIS	FU9	Felixstowe RRC	487	489					976	976
Esmee GIRLING	FU9		488	488					976	976
Emily BRAND	FU9	Woodbridge Shufflers RC		487		488			975	975
Sophie BRAND	FU9			484		487			971	971
Martha ORR	FU9			483		485			968	968
Esther CORDEN	FU9			500					500	500
Trixie ROPER	FU9		498						498	498
Alice TAYLOR	FU9	Framlingham Flyers		498					498	498
Evelyn QUINTON	FU9	Ipswich Jaffa RC				498			498	498
Imogen DRIVER	FU9		496						496	496
Emma PEREIRA-BAPE	FU9	Saint Edmund Pacers				496			496	496
Ruby HINDS	FU9		495						495	495
Mekayla BLACK	FU9			495					495	495
Paige SMITHEN	FU9					495			495	495
Evee SKIPPINS HARRIS	FU9		494						494	494
Penelope PANNELL	FU9	Saint Edmund Pacers			494				494	494
Charlotte DEAN	FU9					494			494	494
Poppy EVANS	FU9		493						493	493
Olivia PEREIRA-BAPE	FU9	Saint Edmund Pacers				493			493	493
Elsie MARTIN	FU9	Kesgrave Cruisers	492						492	492
Elodie JENKINS	FU9			492					492	492
Evie NUNN	FU9				492				492	492
Molly MIAH	FU9					492			492	492
Lily FOX	FU9		491						491	491
Gabriella HARVEY	FU9	Framlingham Flyers		491					491	491
Brie CREASEY	FU9	Kesgrave Cruisers	490						490	490
Clemmie THURSTON-WRIGHT	FU9			490					490	490
Ella EVANS	FU9		489						489	489
Elsie BAMPTON	FU9					489			489	489
Ruby EWING	FU9			486					486	486
Zadie GLASSWELL	FU9					486			486	486
Bella SEAGER	FU9			485					485	485
Iris GLASSWELL	FU9					484			484	484
Clio JOHNSON	FU9	Haverhill Running Club				483			483	483

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Name	Cat	Club	R1	R2	R3	R4	R5	R6	Total	Best 3
Alana COLLYER	FU11	Ipswich Harriers	497	500	500	498			1995	1498
Violet LILLISTONE-HIGHLANDS	FU11	Saint Edmund Pacers	498	499	499	499			1995	1497
Alba BORRETT	FU11	Ipswich Jaffa RC	499	498	498	500			1995	1497
Imogen ORR	FU11	Ipswich Jaffa RC	493	493	496	497			1979	1486
Nina BROUGHTON	FU11	Saint Edmund Pacers	491	492	495	492			1970	1479
Eva SMITHEN	FU11		489		493	493			1475	1475
Rosalie VAN ASWEGEN	FU11	Hadleigh Hares AC	485	486		491			1462	1462
Rose TUPPER	FU11	Stowmarket Striders RC	480	483	489				1452	1452
Lydia FARMER	FU11	Hadleigh Hares AC	496		497				993	993
Niamh DUNCAN	FU11	Saint Edmund Pacers		496		495			991	991
Meghan KNIGHT	FU11	Colchester & Tendring AC	494			496			990	990
Abi KINGSTON	FU11	Framlingham Flyers	492	494					986	986
Lydia ASTLE	FU11	Saint Edmund Pacers		491	494				985	985
Lucia FALIVENO	FU11	Stowmarket Striders RC		488		494			982	982
Marta SLINGER-AKERS	FU11	Hadleigh Hares AC	487		492				979	979
Eliza MATTHEWS	FU11	Ipswich Jaffa RC	490	489					979	979
Emma DONALDSON	FU11	Stowmarket Striders RC	486		491				977	977
Polly PRICE	FU11			487	490				977	977
Ronni TOWNSEND	FU11	Colchester & Tendring AC	500						500	500
Olivia BIVEN	FU11	Ipswich Jaffa RC		497					497	497
Kirsten TOWNSEND	FU11	Colchester & Tendring AC	495						495	495
Harriet THURSTON-WRIGHT	FU11	Framlingham Flyers		495					495	495
Olivia GOODE	FU11	Saint Edmund Pacers		490					490	490
Daisy BROWNLEE	FU11		488						488	488
Tilly CARPENTER	FU11			485					485	485
Grace WATSON	FU11	Hadleigh Hares AC	484						484	484
Viviana BUSSANDRI MORAIS	FU11			484					484	484
Abigail GREEN	FU11	Ipswich Jaffa RC	483						483	483
Mabel MARTIN	FU11	Kesgrave Cruisers	482						482	482
Ellena FISK	FU11		481						481	481
Chloe MEADOWS	FU11		479						479	479

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Name	Cat	Club	R1	R2	R3	R4	R5	R6	Total	Best 3
Abbie DOCKERILL	FU13	Saint Edmund Pacers	500	499	499	499			1997	1498
Iris FAIERS	FU13	Colchester & Tendring AC	499	498	498	498			1993	1495
Bella BRYANT	FU13	Saint Edmund Pacers	495	497	497				1489	1489
Lexi FORDHAM	FU13	Stowmarket Striders RC	494	496	496	495			1981	1487
Constance SIBBRING	FU13	Ipswich Jaffa RC	497	493	495	490			1975	1485
Isla SOUTHWOOD	FU13	Saint Edmund Pacers		494	494	491			1479	1479
Leila-Mae MITCHELL	FU13	Saint Edmund Pacers	493	492	492	489			1966	1477
Lily FAIERS	FU13	TRISudbury	490	486	490	488			1954	1468
Elsie PRICE	FU13	Hadleigh Hares AC	492	484	491				1467	1467
Poppy JUMP	FU13	Kesgrave Kruisers	489	483	489	487			1948	1465
Alice CLEMENTS	FU13	Enfield and Haringey A C			500	500			1000	1000
Alice GLADSTONE	FU13	Saint Edmund Pacers			493	492			985	985
Georgina ROBINSON	FU13	Framlingham Flyers		490		493			983	983
Matilda BORRETT	FU13	Ipswich Jaffa RC		500					500	500
Olive WATERS	FU13	Woodbridge Shufflers RC	498						498	498
Emilia FAGG	FU13	Saint Edmund Pacers				497			497	497
Megan WADE	FU13	Ipswich Jaffa RC	496						496	496
Florence GRIFFIN	FU13	Saint Edmund Pacers				496			496	496
Adriana BUSSANDRI MORAIS	FU13	Framlingham Flyers		495					495	495
Emily BOORMAN	FU13					494			494	494
Emily GREEN	FU13		491						491	491
Phia FARTHING	FU13	Ipswich Harriers		491					491	491
Lauren FLATT	FU13	Bungay Black Dog RC		489					489	489
Sophia BARTON	FU13			488					488	488
Joss PEPPER	FU13			487					487	487
Betsy BREAKELL	FU13			485					485	485
Lily NAUGHTON	FU13			482					482	482

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Name	Cat	Club	R1	R2	R3	R4	R5	R6	Total	Best 3
Isla ROBERTS	FU15	Ipswich Harriers	500	500	500	500			2000	1500
Ella KADING	FU15	Ipswich Harriers	496	497	498	499			1990	1494
Bethan SOUTHWOOD	FU15	Saint Edmund Pacers	495	498	497	498			1988	1493
Imogen STRINGER	FU15	Colchester & Tendring AC	497	496	496				1489	1489
Laila MCNEILL	FU15	Colchester & Tendring AC	493	495	494				1482	1482
Maisie ABLETT	FU15	Saint Edmund Pacers	492	494	493				1479	1479
Flora HOUCHELL	FU15	Woodbridge Shufflers RC	499	499					998	998
Lulabelle HUGHES	FU15			492		495			987	987
Lily NAUGHTON	FU15		490			496			986	986
Freya MARTIN	FU15	Kesgrave Kruisers		493	492				985	985
Lily LOCKYER	FU15				499				499	499
Lilly GAVIN	FU15	Ipswich Harriers	498						498	498
Kaitlyn SPENCER	FU15					497			497	497
Maya WRIGHT	FU15	Ipswich Jaffa RC			495				495	495
Seren BLOOR	FU15	Ipswich Jaffa RC	494						494	494
Claire BARSON	FU15		491						491	491
Lulu FARROW	FU15		489						489	489

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