

2024



HUDAYRIYAT WOMEN'S CYCLING SERIES

RIDERS GUIDE

RACE 1 | SUN 20 OCT

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RACE PACK COLLECTION



You can collect your race pack including your race bib, seat post sticker and timing chip on the following days:





DATE	TIME	LOCATION
SATURDAY 19 OCTOBER	9:00 - 20:00	Wolfi's Abu Dhabi, Hudayriyat Island
SUNDAY 20 OCTOBER (RACE DAY)	6:00am - 15 min prior to start time	Wolfi's Bike Rental, Hudayriyat Island

Your timing chip should be worn on your left ankle and must be returned to the organizers after your ride in exchange for your finisher's medal.

RACE PACK CONTENTS



Included in your race pack will be the following:

Your timing chip	Bike seat post sticker	Bib Number	Wristband
			
Wear on your left ankle and must be returned to the organizers after your ride	To be attached to your bike seat post	To be pinned to the back of your cycling jersey using the pins included in your race pack	To be worn on your wrist in order to gain access to the start pen

GETTING TO THE START

Parking

There is ample parking on Hudayriyat Island, however the closest parking to the start is located beside Wolfi's – [Click here for directions](#)

Start Area

The start area is a short walk from the parking indicated in green on the map, please allow yourself enough time to arrive at the start area at least 15min before your start time.

Race Start Times

- **7:00am** - 30km Individual Racing
- **8:30am** - 20km Community Long Ride
- **8:30am** - 10km Community Short Ride



COURSE DETAILS

The event takes place on Hudayriyat Cycle Track, on the 10km loop and cycling in an anti-clockwise direction. Please take note of the number of laps you are required to do. Riders are responsible for counting their own laps.

30km Race = 3 laps

**20km Community
LONG Ride = 2 laps**

**10km Community SHORT
Ride = 1 lap**

RACE 1 - Hudayriyat Cycle Track





HUDAYRIYAT
WOMEN'S
CYCLING
SERIES



RACE 1
SUN
20 OCT
2024

POWER OF PINK

20km, 30km and 10km
Races start from 7:00am



JOIN IN THE FUN FOR A GOOD CAUSE

Each of our rides carries a theme with an important message. RACE 1 kicks off on 20 October with the POWER OF PINK.

Riders are encouraged to wear something pink in support of breast cancer awareness.

SEHA Abu Dhabi will be present in the race village offering free screenings to all riders, be sure not to miss this great opportunity after your ride.

RACE PREPARATION



Water Points

Water will be available at the start / finish area. There will be no water points on the course, riders are to carry enough hydration for the duration of the ride.

Toilets

Toilets will be available at the start / finish area inside the ADCC building.

Mechanical Support

Our technical partner Wolfis will be on site within the race village to offer basic mechanical support.

Bike Rental

Wolfis will be offering a bike rental service from their Rental Store within the race village. Note however that stock is limited so please be sure to book your rental in advance to avoid disappointment. To book a bike visit: <https://wolfis.ae/pages/rental-bikes>



ACTIVITIES FOR YOU & THE FAMILY



For the Kids

ECA in partnership with Wolfi's Cycle Academy will be offering a learn to ride workshop for any kids aged 2-12 years, from 7am – 10am within the race village, bicycles will be supplied. So bring your family along for the morning to join in the fun.



Free Mammogram Screenings

Visit the AHS stand on within the race village on Sunday from 6-11 AM to learn about prevention and get referred for a free mammogram screening at AHS Healthcare Centers.



Genetic Screening

Visit the Precision Wellness activation for a information on genetic screening with some wonderful prizes and screening vouchers up for grabs for participants courtesy of Precision Wellness.

Virtual Goody Bag

All registered riders will receive a unique **AED 50 InstaShop** voucher code via email before their ride this Sunday – happy online shopping with InsatShop.



SERIES AWARDS STRUCTURE

Per Race Awards:

Race 1-4			
16-22 (u23 Juniors)	1st	2nd	3rd
23-39 years (Open)	1st	2nd	3rd
40+ (Vets)	1st	2nd	3rd

Yellow Jersey Awarded per event to Overall Leader in the Series Group.
Podium medals will be awarded the top 3 finishers in each age category. Podium winners can be non-series entries.



LEADER JERSEY

Series Awards & Prize Money:

	1st	2nd	3rd	4th	5th
16-22 years (u23 Juniors)	AED 5,000	AED 3,000	AED 1,500		
23-39 years (Open)	AED 10,000	AED 5,000	AED 3,000	AED 1,500	AED 1,000
40+ years (Vets)	AED 10,000	AED 5,000	AED 3,000	AED 1,500	AED 1,000

Full UAE Team ADQ kit up for grabs for series winner.

Series Awards for top 3 per age group.

Prize Money Awarded to overall winners of the HWCS Series Group. Winners need to be over 16 years, completed at least 3 races in the series and start within the First Start Group in the final Race 4. The final race is compulsory to be in contention of any series prizes.

SERIES POINTS SYSTEM



- Winners for each race and the overall series will be recognized on the day of each race.
- Points will be awarded to all finishers and will be based on the below example.
- Overall Series Results will be calculated on your best 3 scores (Best 3 results of 4 races).

EXAMPLE POINT SYSTEM (BASED ON 20 FINISHERS)

1st Place = 20 points	2nd Place = 19 points	3rd Place = 18 points
4th Place = 17 Points	5th Place = 16 Points	6th Place = 15 Points
7th Place = 14 Points	8th Place = 13 Points	9th Place = 12 Points
10th Place = 11 Points	11th Place = 10 Points	12th Place = 9 Points
13th Place = 8 Points	14th Place = 7 Points	15th Place = 6 Points
16th Place = 5 Points	17th Place = 4 Points	18th Place = 3 Points
19th Place = 2 Points	20th Place = 1 Point	All participants = 1 Point

RIDER RULES & REGULATIONS



Promoting Safe and Fair Cycling for all Women

At the sole discretion of the Organisers, rules may be amended during the course of the Series in the interest of safety and fairness

General Rules and Regulations

- By participating in this race, you confirm that you have read and understood the event rules and regulations listed below and will abide by these rules and regulations for all associated events in the HudaYriyat Women's Cycling Series 2024
- Riders Age / Category = Rider's age on 31 December 2024
 - Age Calculation – The riders age for ALL events in this series is set in line with the UCI qualifying age eligibility which is defined by the rider's age on December 31st of the year of the event (31 December 2024).
- Timing Chips – the HudaYriyat Women's Cycling Series 2024 will be timed using rental chips only. These Timing Chips will be provided prior to each event in your race pack on per event rental basis and will need to be returned to the organisers at the finish recovery area of each ride. Failure to do so may incur a time penalty and you will need to pay the replacement fee of AED 300 for the lost chip, this will need to be paid prior to collection of your race pack for the following event.

Not Permitted - The following is not permitted, and penalties may be imposed at the sole discretion of the organiser:

- Headphones – Strictly No headphones allowed whilst riding, be attentive and alert to calls
- Using your mobile phone or taking selfies whilst riding – Let us take the photos.
- Solid disc wheels, TT Bikes, TT Bars and aero bars are not allowed
- E-bikes or motors, only 100% human powered bikes are permitted
- Littering

- Making contact with any other rider whilst on the bike
- Carrying or wearing another riders timing chip during the ride
- Physical contact with another rider with the intention of causing harm is strictly forbidden
- No helmet no ride

Rider Safety, Etiquette and Unsportsmanlike Conduct – All participants are to agree to act in accordance with acceptable Rider Etiquette. The following acts are deemed unfair or unsportsmanlike or potentially unsafe conduct in terms of this event and is strongly discouraged and the organisers reserve the right to sanction participants for flagrant violation of these etiquettes:

- Looking back in a bunch – don't look back in a bunch this can cause and accident
- Not holding your line – keep it steady, ride in a straight line and a predictable manner
- Breaking suddenly without warning
- Overlapping wheels – Don't overlap wheels! Keep a distance of approximately 1 to 1.5m off the rear of the wheel in front
- Sandbagging – should a chip time format be implemented, hanging back at the start to gain an unfair time advantage is seen as unsportsmanlike conduct
- Blocking – Deliberately Blocking
- Being rude to marshals or race officials

SEE
YOU
ON
THE
START
LINE



HUDAYRIYAT
WOMEN'S
CYCLING
SERIES



POWER OF PINK



FOLLOW US

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