



STORT
10 & 5 MILE

2025 Race Pack

Welcome to Stort10 (10 & 5 Mile) Race 2025!

Thank you for entering the 42nd edition of the Stort10. We are delighted to return to Cammas Hall Farm, once again alongside their Craft Fair, for what promises to be another fantastic family event. We look forward to welcoming you on race day.

This year brings a few changes to the event. If you are a returning runner, please ensure you familiarise yourself with the information in this document.

Over the following pages, you'll find all the essential race-day details - everything you need to help make your experience as enjoyable as possible.

Having been awarded Gold Status by Racecheck for the third year running, we're committed to delivering another exceptional event. If it's your first time running with us, we sincerely hope you enjoy it. And for those returning - welcome back!

If you have any questions that aren't answered in this guide, feel free to contact us via email, Instagram, or Facebook—we're more than happy to help.

Warm regards,
Pawel Sajdak
Race Director
Stort10 (10 & 5 Mile) Race



[@Stortford10](#) 
[@stort10official](#) 
stort10@bsrc.org.uk 



YOUR ENTRY

Thank you for entering the 2025 Stort10 (10 and 5) mile race event!

You should have received an email with confirmation of your entry details - please check these are correct before arriving at the event. If anything is incorrect, please contact **stort10@bsrc.org.uk** as soon as possible.

We ask that you check all the details in your entry before the event to make sure they are current, including any medical information and emergency contacts listed.

We regret that we cannot offer refunds or deferrals once you have entered the race. You can however transfer your place or chosen distance up until you check in at the event. After this time, no transfers will be accepted. Please note that tshirt size swap will only be available at the end of the event, subject to availability.

Should you need to transfer your number but have no one to transfer it to, please email: **stort10@bsrc.org.uk** and if we sell out, we will start coordinating transfers. If you don't manage to transfer, we might still be able to offer you a significant discount for next year entry.

RACE NUMBER COLLECTION

This year your race number will be allocated to you when you check in at the event. To check in, please head to the shed just outside the main entrance to Cammas Hall where one of our volunteers will be happy to check you in and allocate you a number.

You will need to provide your **full name and date of birth** when checking in.

Should you wish to change distances on the morning, this is possible but please let the team know before the starting horn sounds!

If you don't intend to keep your bib number as a souvenir, please use pencil when filling in the emergency info and we will happily recycle it in the future events.

Please affix your race number the **right way up** and make sure it is visible **on the front of your person** at **all times**.

Safety pins will be available for you to use on the morning. We will also be selling our limited stock bib magnets for £5.

Any **pre-ordered merchandise** will be given to you when you collect your race number.

CHIP TIMING

Both the 5 and 10 mile races will be chip timed by our timing partner [racesonline](#). Your chip will already be attached to the reverse of your race number. Please take care not to damage your race number or the foam timing chip when attaching your number as this may lead to the timing mats not being able to register your time.

PRIZES

Trophies will be awarded as follows based on gun time:

5 Mile Race

Male and Female:
1st place finisher
2nd place finisher
3rd place finisher

10 Mile Race

Male and Female:
1st place finisher
2nd place finisher
3rd place finisher

We will be offering a Mixed Team Prize for both races with the top three team members scoring. Please ensure if you are running as a team that you enter the same club name to make sure your times count as a team.

RESULTS

Live results will be available as soon as you cross the finish line, you will receive a text message and email with your individual result. You can view the full set of results [here](#).

ADDITIONAL RACE NUMBER COLLECTION

For the extra 15 minutes in bed on the race day, you have two other chances to collect your race number before the day itself!

WEDNESDAY 7th May - 18:30 - 20:30

Bishop's Stortford Running Club, Beldams Lane, CM23 5LG

Our club house will be open as part of our regular Wednesday evening. We will be giving our numbers to any local participants - please do feel free to come and grab your number!

SATURDAY 17th May - 10:30 - 14:00

Cammas Hall Farm, CM22 7JT

Come and visit us the day before to collect your race number and visit the craft fair that will be running! Race numbers can be collected by going through the tea barn and heading to the Marquee next to the band tent.

MERCHANDISE

This year we are excited to bring back Stort10 Merchandise to the event, in the form of our Stort10 buff which can also be used as a sweat wristband and bib magnets. We recommend you pre-order as the stock is very limited.

Both buffs and bib magnets can be added to your entry using the *change entry* link you were sent when you registered.



VENUE ACCESS AND PARKING

Parking at Cammas Hall is available on the day, but please do car share where possible to help us make best use of the available space, not only for our event but for others visiting the farm during this busy time.

Gates will open at **8:30am** to entrants to collect their numbers from our Race Registration Shed which is located to the front of the Cammas Hall Shop.

Once you have registered and collected your number, please make your way through the tea barn where you will find ample toilets, seating and bag drop, before making your way to the start line.

If you have pre-collected your number you can head straight through!

SPECTATORS

While Cammas Hall Farm will have a wonderful Craft Fair to keep your supporters busy while you make your way round the course (p7) there are plenty of opportunities to spectate on the course. Some are only a short walk away from our Race HQ for anyone wanting to cheer you on. A large map will be available in the bag drop tent. Please ask one of the Stort10 team if you would like directions!

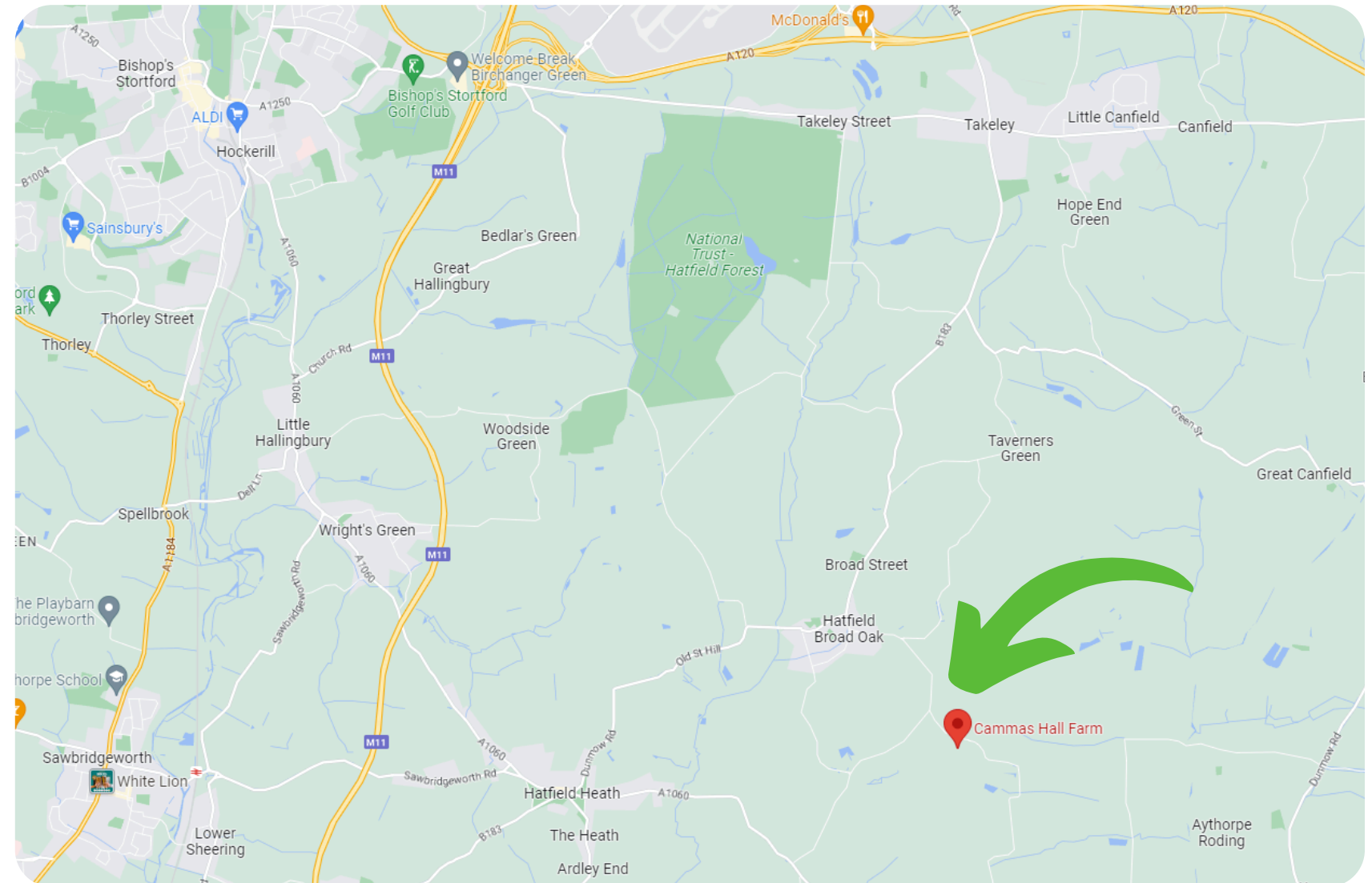
DIRECTIONS

The event takes place at Cammas Hall Farm, Hatfield Broad Oak, CM22 7JT

The farm is situated approximately five miles south-east of Bishop's Stortford, just outside the village of Hatfield Broad Oak. The post code for navigation is CM22 7JT. The postcode will take you to the entrance of the arable farm. The entrance to the fruit farm and carpark is located on the same road, approximately half a mile away. Please follow the signs. You will see the entrance well signposted from all directions and will be met at the gate by our volunteers.

Please follow the instructions of our marshals when parking as the farm will be open to non-race entrants too, so please park considerately and where possible, please car share.

what3words: [///survived.manly.thus](https://www.what3words.com/survived.manly.thus)



[For more detailed instructions on how to arrive at Cammas Hall Farm, please click here](#)



CAMMAS HALL FARM FACILITIES

Cammass Hall is the perfect location, not only for you to enjoy your run, but also for everyone to enjoy a day out! Having been voted best Pick-Your-Own farm twice; we are lucky to partner up with them!

The Tea Barn will open from 9am with breakfast butties, hot drinks, cakes and snacks. At 11am the Cammas Hall team will be opening their BBQ and Pizza Oven. The Beer Tent will open from 11.30am serving a selection of beers, cider, wine, Pimm's and cocktails!



The children's play area will also be open should your family wish to come and cheer you on, whilst providing something to keep the kids entertained.

The fruit picking fields will not be open during our race, however the fruit season will open shortly after our event - so if you loved your day, please keep your eyes peeled to the Cammas Hall website for more information on how to come and pick some of their great Pick-Your-Own produce!



CAMMAS HALL FARM SPRING CRAFT FAIR

The Cammas Hall Farm Spring Craft Fair will be running from 10am to 4pm on Saturday 17th and again on the race day, Sunday 18th May.

There will be a lovely selection of products to browse from local suppliers, including plants, jewellery, and gift items.

There will also be live music and previously mentioned food and drink to quench your thirst after the race!



LITTER

Cammas Hall has been very generous in allowing us to use their land to hold our event. Please respect your surroundings and do not drop litter anywhere around the course, car parks or start/finish areas.

There are bins around the café and Race HQ and if you are looking to dispose of empty drinks containers or gel/food wrappers during your run, please do so near a marshal or water station point where rubbish can be easily gathered.

TOILETS

There will be an ample supply of toilets on the day. You are reminded that Cammas Hall has generously offered the use of their land to hold the event, so please resist the temptation to avoid any queues there may be and do not relieve yourselves anywhere else on the farm. The farm has its own irrigation system!

Whilst we will be providing additional toilet facilities near the start, there may be queues for toilets at busy times so please ensure that you allow sufficient time to use the facilities prior to the start of the race. You will find that the Portaloos near the start line will move the quickest therefore we recommend using these.

BAG DROP

The bag drop is back for this year. However, the car park is adjacent to the start/finish area where we would recommend you leave any personal items. Any items left in your vehicles or in our bag drop are done so at your own risk. Neither the Event Team or Cammas Hall Farm can take responsibility for losses. The Bag Drop will be located next to the band stage which is just through the Tea Barn on your right hand side.

MEDICAL ARRANGEMENTS

A team of first aiders will be present on race day at the finish area as well as out on course if required. If you have any doubts about your physical ability in the lead up to the race, we regret that we cannot refund entry fees however we can change the distance you are signed up to run.

Should you require medical assistance out on the course, please find one of our marshals who will be able to contact Race HQ for support.

Please do not run if you have symptoms of or have tested positive for COVID-19. Please do not run if you are feeling unwell or have consumed excessive amounts of alcohol in the 24-hour period leading up to the race .

THE COURSE

The 5-mile and 10-mile races both start in the same place. Please proceed to the start area at least 10 minutes prior to the start of the race where the briefing will take place. The 10-mile course is formed of two unequal loops. Runners completing the 5-mile race will **turn left** towards the finish area, whilst runners of the two-loop 10-mile race will **turn right** before reaching the finish area as instructed by the race marshals for their second loop.

START / FINISH

The race will take place on 18th of May 2025 at 10:00am sharp. Please aim to arrive at Cammas Hall at least **45 minutes before the race start** in order to have ample time to park, collect, fill in and attach your Race Number and prepare for the race.

The race will start on time. If you arrive late and the start mat has been removed, you will not receive a chip time but one based on the gun time. To avoid congestion at the start, we will be offering timing blocks again. We would, therefore, ask faster runners to start nearer the front

ROADS

There are a few short sections of the course on quiet country roads. The roads are not closed to traffic, so there may be vehicles. All the road sections will be marshalled. The route will also cross a farmyard. For your own safety please stick closely to the marked course.

COURSE PROFILE

The route comprises a mixture of farm tracks, footpaths, woodland trails and very short sections of road. There are no major inclines. Some of the course takes place on private land and so please refrain from training on these sections of the route prior to the race date. Due to the nature of the course terrain, we regret that this race is not suitable for wheelchair competitors.

TERRAIN

With the exception of short sections on roads, the majority of the race will be on grassy trails and dirt tracks. Depending on weather conditions leading up to the race, some sections of the course may be muddy. Some of the tracks are rutted and uneven, so mind your step. There are two ditches to cross (one for 5-mile course). In some places there may be low-hanging branches or animal burrows. We will do our best to mark these where appropriate, but as a trail event, please be mindful to your footing.

WATER STATIONS

There will be water provided at 1, 3, 5 and 8 mile points, as well as at the finish. Water will be provided in compostable cups and will be fully recycled after the event. If you have your own bottle which you would prefer to use, our team will be more than happy to fill this up for you. Depending on the conditions on the day we may be providing additional water stations or sprinklers.



COURSE MAP



PHOTOS

We will have photographers dotted around the course, capturing your best side as you fly past as well as capturing the moment when you cross the line.

These are made available to you free of charge as part of your entry and will be uploaded to our Facebook page for you to download or share after the event. Given the number of images, we will upload them as soon as we can - but they will appear over the course of the week following the event.



PERSONAL AUDIO EQUIPMENT OR HEADPHONES

Whilst much of the course is on private land, you may, in places, encounter other members of the public such as dog walkers.

It is imperative that runners can hear race marshals and other runners, as well as be fully aware of their surroundings at all times.

The use of personal audio equipment / in ear headphones is therefore prohibited during the race for reasons of safety. However, bone conducting headphones are allowed, assuming you will take extra care of your surroundings during the race.

Runners risk disqualification if found using in-ear headphones during the race. Your health and safety is our number one concern, particularly on a working farm, so please understand and respect this decision.

FINISH LINE

Finisher T-shirts will be handed out at the end of the finish funnel after you have received your **finisher medal**. Please collect the size selected on your entry form to ensure that all runners receive their desired shirt size. We will be able to **exchange** any sizes once all runners have finished, providing we have stock available of your newly desired size.

POST RACE SPORTS MASSAGE

These are free of charge but should you wish to offer a contribution, Track 1 Fitness will give all donations to their chosen charity.



Track 1 Fitness is a local Sports Therapy Rehabilitation and Personal Training clinic based in Thremhall Park, Takeley. They will have a tent near Race HQ at the end of the race offering advice and massage ‘tasters’ on a first come first served basis.

RACE CONTROL AND CUT OFF TIMES

There will be marshals at all critical points on the course. Whilst traffic will be held at the start of the race, you will be running across unclosed roads at certain points. Please therefore obey marshal instructions at all times. Marshals at key parts of the course will be in communication with the Race Director by radio.

The tail walkers will also have radios. If you are unable to finish, please contact the nearest marshal who can, if necessary, call for assistance to help you back to Race HQ. There will be a cut-off time of 2h 30min for the 10-mile race, at which point marshals will be stood down and your finish time will not be recorded.

Running with prams / buggies is not permitted.
Running with dogs at this event is also not permitted.

CANCELLATION OR ADVERSE WEATHER

Should we experience adverse weather in the week leading up to the race, or circumstances outside of our control that would significantly risk health of our participants, the Race Director in conjunction with the owners of Cammas Hall Farm will undertake a risk assessment reserving the right to postpone the race. In this event, a new race date will be agreed. We regret that should you not be able to attend the new date no refund of your race fee can be made.



RACECHECK

YOUR FEEDBACK

After the event, we partner with independent race review company, Racecheck, to gather your thoughts on the race and implement any improvements where possible. Last year we were really excited to see that your feedback helped us achieved a **third Gold status** based on your experience of the event.

We have partnered with them again for 2025 and would value your thoughts after the event here:

<https://racecheck.com/races/stort-10-5-mile/review/>



THANK YOU!

A huge thank you goes out to you all for supporting our event, we are grateful for you joining us this year.

Thanks to the members of **Bishop's Stortford Running Club** giving up their time to keep us safe, watered and smiling. Over 100 people are involved in putting this event on and we couldn't do it without them.

Thanks should also be given to our sponsors and partners for their ongoing commitment to support our event. Without them we would struggle to deliver the quality of event that we do.

We hope to see you again next year for what we hope to be another amazing event! Details of our 2026 event will be shared soon.

Meanwhile, **see you at the start line!**



Cammass Hall